

NW Extra-Articular Distal Radius Fracture RCT

K Wires

- Pre-op iv antibiotic dose
- Tourniquet (record time & pressure)
- Image intensifier
- Closed fracture reduction
- Small stab incisions
- Blunt dissection to bone
- Use 1.6mm smooth wires
- 2 dorsal KAPANDJI wires THEN
- 1 trans-osseous radial styloid wire
- Save final films (PA/Lat)
- Release skin around wires
- Leave wires proud to skin
- Dorsal slab (MCPJs to be FREE)
- Record all wasted implants

DVR Volar Plate

- Pre-op iv antibiotic dose
- Tourniquet (record time & pressure)
- Image intensifier
- Volar distal Henry approach (Extended FCR if required)
- Use DVR plate for fixation
- Pegs to fill ALL proximal row holes
- Supplementary distal row pegs as req.
- Save final films (PA/Lat and 20o tilt)
- Re-approximate PQ
- Skin closure per surgeon preference
- W&C (MCPJs to be left FREE)
- Record all wasted implants

Record Op-note on Trial-Op Note (Trial Document 3)

Queries: Consult your site **Trial investigator** or: **Trial Co-ordinators:** Zaf Naqui & Louise Crawford www.nw-dvrtrial.org.uk
Bolton: J Warner / S Hodgson / P Wykes **Hope:** L Muir **Preston:** M Woodruff / D Redfern **Stockport:** G Eastwood / S Royle